#### Gradient method

Acknowledgement: this slides is based on Prof. Lieven Vandenberghes lecture notes

- gradient method, first-order methods
- quadratic bounds on convex functions
- analysis of gradient method

1/37

### Algorithms will be covered in this course

#### first-order methods

- gradient method, line search
- subgradient, proximal gradient methods
- accelerated (proximal) gradient methods

#### decomposition and splitting

- first-order methods and dual reformulations
- alternating minimization methods

#### interior-point methods

- conic optimization
- primal-dual methods for symmetric cones

#### semi-smooth Newton methods

# 线搜索方法: $\min_x f(x)$

给定 $x^k$ ,先通过某种算法选取 $d^k$ ,之后确定正数 $\alpha_k$ ,则下一步迭代点

$$x^{k+1} = x^k + \alpha_k d^k, \tag{1}$$

其中 $d^k$ 是一个**下降方向**,即 $(d^k)^T \nabla f(x^k) < 0$ 。 $\alpha_k$ 为相应的步长.

• 精确线搜索:

$$\alpha_k = \operatorname*{argmin}_{\alpha > 0} f(x^k + \alpha d^k)$$

- 固定步长
- 回退法:找到第一个满足Armijo 准则的点.选取

$$\alpha_k = \gamma^{j_0} \hat{\alpha},$$

其中

$$j_0 = \min\{j = 0, 1, \dots \mid f(x^k + \gamma^j \hat{\alpha} d^k) \le f(x^k) + c_1 \gamma^j \hat{\alpha} \nabla f(x^k)^T d^k\},$$

参数 $\gamma \in (0,1)$ 为一个给定的实数.

### Gradient method

To minimize a convex function differentiable function f: choose  $x^{(0)}$  and repeat

$$x^{(k)} = x^{(k-1)} - t_k \nabla f(x^{(k-1)}), \quad k = 1, 2, \dots$$

#### Step size rules

- Fixed:  $t_k$  constant
- Backtracking line search
- Exact line search: minimize  $f(x t\nabla f(x))$  over t

#### Advantages of gradient method

- Every iteration is inexpensive
- Does not require second derivatives

# Quadratic example

$$f(x) = \frac{1}{2}(x_1^2 + \gamma x_2^2) \quad (\gamma > 1)$$

with exact line search,  $x^{(0)} = (\gamma, 1)$ 

$$\frac{||x^{(k)} - x^*||_2}{||x^{(0)} - x^*||_2} = (\frac{\gamma - 1}{\gamma + 1})^k \qquad \stackrel{\text{S}}{\sim} \qquad 0$$

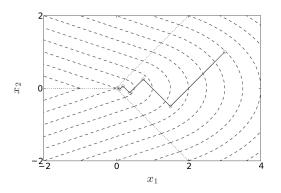
Disadvantages of gradient method

- Gradient method is often slow
- Very dependent on scaling

### Nondifferentiable example

$$f(x) = \sqrt{x_1^2 + \gamma x_2^2} (|x_2| \le x_1), \quad f(x) = \frac{x_1 + \gamma |x_2|}{\sqrt{1 + \gamma}} (|x_2| > x_1)$$

with exact line search,  $x^{(0)} = (\gamma, 1)$ , converges to non-optimal point



gradient method does not handle nondifferential problems

#### First-order methods

address one or both disadvantages of the gradient method

#### methods with improved convergence

- quasi-Newton methods
- conjugate gradient method
- accelerated gradient method

#### methods for nondifferentiable or constrained problems

- subgradient methods
- proximal gradient method
- smoothing methods
- cutting-plane methods

#### **Outline**

- gradient method, first-order methods
- quadratic bounds on convex functions
- analysis of gradient method

### Convex function

f is convex if  $\operatorname{dom} f$  is a convex set and Jensen's inequality holds:

$$f(\theta x + (1 - \theta)y) \le \theta f(x) + (1 - \theta)f(y) \quad \forall x, y \in \mathbf{dom} f$$

#### First-order condition

for (continuously) differentiable f, Jensen's inequality can be replaced with

$$f(y) \ge f(x) + \nabla f(x)^{\top} (y - x) \quad \forall x, y \in \operatorname{dom} f$$

#### Second-order condition

for twice differentiable f, Jensen's inequality can be replaced with

$$\nabla^2 f(x) \succeq 0 \quad \forall x \in \mathbf{dom} \, f$$



### Strictly convex function

f is strictly convex if  $\mathbf{dom} f$  is convex set and

$$f(\theta x + (1 - \theta)y) < \theta f(x) + (1 - \theta)f(y) \quad \forall x, y \in \mathbf{dom} f, x \neq y, \theta \in (0, 1)$$

hence, if a minimizer of f exists, it is unique

#### First-order condition

for differentiable f, Jensen's inequality can be replaced with

$$f(y) > f(x) + \nabla f(x)^{\top} (y - x) \quad \forall x, y \in \mathbf{dom} \, f, x \neq y$$

#### Second-order condition

note that  $\nabla^2 f(x) \succ 0$  is not necessary for strict convexity( $cf., f(x) = x^4$ )



## Monotonicity of gradient

differentiable f is convex if and only if  $\operatorname{dom} f$  is convex and

$$(\nabla f(x) - \nabla f(y))^{\top}(x - y) \ge 0 \quad \forall x, y \in \operatorname{dom} f$$

 $i.e., \nabla f: \mathbf{R}^n \to \mathbf{R}^n$  is a *monotone* mapping

differentiable f is strictly convex if and only if  $\operatorname{dom} f$  is convex and

$$(\nabla f(x) - \nabla f(y))^{\top}(x - y) > 0 \quad \forall x, y \in \operatorname{dom} f, x \neq y$$

 $i.e., \nabla f: \mathbf{R}^n \to \mathbf{R}^n$  is a *strictly monotone* mapping

#### Proof.

if f is differentiable and convex, then

$$f(y) \ge f(x) + \nabla f(x)^{\top} (y - x), \quad f(x) \ge f(y) + \nabla f(y)^{\top} (x - y)$$

combining the inequalities gives  $(\nabla f(x) - \nabla f(y))^{\top}(x - y) \ge 0$ 

• if  $\nabla f$  is monotone, then  $g'(t) \geq g'(0)$  for  $t \geq 0$  and  $t \in \operatorname{dom} g$ , where

$$g(t) = f(x + t(y - x)), \quad g'(t) = \nabla f(x + t(y - x))^{\top} (y - x)$$

hence,

$$f(y) = g(1) = g(0) + \int_0^1 g'(t)dt \ge g(0) + g'(0)$$
$$= f(x) + \nabla f(x)^\top (y - x)$$



12/37

## Lipschitz continuous gradient

gradient of f is Lipschitz continuous with parameter L>0 if

$$\|\nabla f(x) - \nabla f(y)\|_2 \le L\|x - y\|_2 \quad \forall x, y \in \mathbf{dom}\, f$$

- Note that the definition does not assume convexity of f
- We will see that for convex f with  $\operatorname{dom} f = \mathbf{R}^n$ , this is equivalent to

$$\frac{L}{2}x^{\top}x - f(x) \quad is \quad convex$$

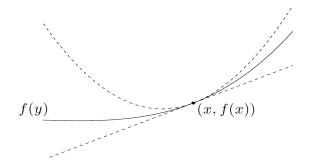
(i.e., if *f* is twice differentiable,  $\nabla^2 f(x) \leq LI$  for all *x*)

### Quadratic upper bound

suppose  $\nabla \! f$  is Lipschitz continuous with parameter L and  $\operatorname{dom} f$  is convex

- Then  $g(x) = (L/2)x^{T}x f(x)$ , with **dom** g, is convex
- convexity of g is equivalent to a quadratic upper bound on f:

$$f(y) \le f(x) + \nabla f(x)^{\top} (y - x) + \frac{L}{2} ||y - x||_2^2 \quad \forall x, y \in \text{dom } f$$



#### Proof.

• Lipschitz continuity of  $\nabla f$  and Cauchy-Schwarz inequality imply

$$(\nabla f(x) - \nabla f(y))^{\top}(x - y) \le L||x - y||_2^2 \ \forall x, y \in \operatorname{dom} f$$

this is monotonicity of the gradient  $\nabla g(x) = Lx - \nabla f(x)$ 

- hence, g is a convex function if its domain  $\operatorname{dom} g = \operatorname{dom} f$
- the quadratic upper bound is the first-order condition for the convexity of g

$$g(y) \ge g(x) + \nabla g(x)^{\top} (y - x) \quad \forall x, y \in \mathbf{dom} \ g$$



# Consequence of quadratic upper bound

if  $\operatorname{dom} f = \mathbf{R}^n$  and f has a minimizer  $x^*$ , then

$$\frac{1}{2L} \|\nabla f(x)\|_2^2 \le f(x) - f(x^*) \le \frac{L}{2} \|x - x^*\|_2^2 \quad \forall x$$

- Right-hand inequality follows from quadratic upper bound at  $x = x^*$
- Left-hand inequality follows by minimizing quadratic upper bound

$$f(x^*) \le \inf_{y \in \text{dom } f} \left( f(x) + \nabla f(x)^\top (y - x) + \frac{L}{2} ||y - x||_2^2 \right)$$
$$= f(x) - \frac{1}{2L} ||\nabla f(x)||_2^2$$

minimizer of upper bound is  $y = x - (1/L)\nabla f(x)$  because  $\operatorname{dom} f = \mathbf{R}^n$ 

## Co-coercivity of gradient

if f is convex with  $\operatorname{dom} f = \mathbf{R}^n$  and  $(L/2)x^{\top}x - f(x)$  is convex then

$$(\nabla f(x) - \nabla f(y))^{\top}(x - y) \ge \frac{1}{L} \|\nabla f(x) - \nabla f(y)\|_2^2 \quad \forall x, y$$

this property is known as co-coercivity of  $\nabla f$  (with parameter 1/L)

- Co-coercivity implies Lipschitz continuity of  $\nabla f$  (by Cauchy-Schwarz)
- Hence, for differentiable convex f with  $dom f = \mathbf{R}^n$

Lipschitz continuity of 
$$\nabla f \Rightarrow$$
 convexity of  $(L/2)x^{\top}x - f(x)$   
 $\Rightarrow$  co-coervivity of  $\nabla f$   
 $\Rightarrow$  Lipschitz continuity of  $\nabla f$ 

therefore the three properties are equivalent.

*proof of co-coercivity*: define convex functions  $f_x$ ,  $f_y$  with domain  $\mathbf{R}^n$ :

$$f_x(z) = f(z) - \nabla f(x)^{\top} z, \quad f_y(z) = f(z) - \nabla f(y)^{\top} z$$

the functions  $(L/2)z^{\top}z - f_x(z)$  and  $(L/2)z^{\top}z - f_y(z)$  are convex

• z = x minimizes  $f_x(z)$ ; from the left-hand inequality on page 16,

$$f(y) - f(x) - \nabla f(x)^{\top} (y - x) = f_x(y) - f_x(x)$$

$$\geq \frac{1}{2L} \|\nabla f_x(y)\|_2^2$$

$$= \frac{1}{2L} \|\nabla f(y) - \nabla f(x)\|_2^2$$

• similarly, z = y minimizes  $f_y(z)$ ; therefore

$$f(x) - f(y) - \nabla f(y)^{\top}(x - y) \ge \frac{1}{2L} \|\nabla f(y) - \nabla f(x)\|_{2}^{2}$$

combining the two inequalities shows co-coercivity

## Strongly convex function

f is strongly convex with parameter m > 0 if

$$g(x) = f(x) - \frac{m}{2}x^{\top}x$$
 is convex

**Jensen's inequality:** Jensen's inequality for *g* is

$$f(\theta x + (1 - \theta)y) \le \theta f(x) + (1 - \theta)f(y) - \frac{m}{2}\theta(1 - \theta)||x - y||_2^2$$

**monotonicity:** monotonicity of  $\nabla g$  gives

$$(\nabla f(x) - \nabla f(y))^{\top}(x - y) \ge m||x - y||_2^2 \quad \forall x, y \in \mathbf{dom} f$$

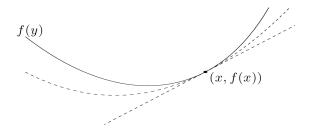
this is called  $strong\ monotonicity(covercivity)\ of\ \nabla f$ 

**second-order condition:**  $\nabla^2 f(x) \succeq mI$  for all  $x \in \operatorname{dom} f$ 

#### Quadratic lower bound

form 1st order condition of convexity of g:

$$f(y) \ge f(x) + \nabla f(x)^{\top} (y - x) + \frac{m}{2} ||y - x||_2^2 \quad \forall x, y \in \text{dom } f$$



- Implies sublevel sets of f are bounded
- If f is closed(has closed sublevel sets), it has a unique minimizer  $x^*$  and

$$\frac{m}{2}||x - x^*||_2^2 \le f(x) - f(x^*) \le \frac{1}{2m}||\nabla f(x)||_2^2 \quad x \in \mathbf{dom}\, f$$



## Extension of co-coercivity

if f is strongly convex and  $\nabla f$  is Lipschitz continuous, then

$$g(x) = f(x) - \frac{m}{2} ||x||_2^2$$

is convex and  $\nabla g$  is Lipschitz continuous with parameter L-m.

co-coercivity of g gives

$$(\nabla f(x) - \nabla f(y))^{\top}(x - y)$$

$$\geq \frac{mL}{m+L} ||x - y||_2^2 + \frac{1}{m+L} ||\nabla f(x) - \nabla f(y)||_2^2$$

for all  $x, y \in \operatorname{dom} f$ 

#### **Outline**

- gradient method, first-order methods
- quadratic bounds on convex functions
- analysis of gradient method

## Analysis of gradient method

$$x^{(k)} = x^{(k-1)} - t_k \nabla f(x^{(k-1)}), \quad k = 1, 2, \dots$$

with fixed step size or backtracking line search

#### assumptions

- 1. f is convex and differentiable with  $\operatorname{dom} f = \mathbf{R}^n$
- 2.  $\nabla f(x)$  is Lipschitz continuous with parameter L > 0
- 3. Optimal value  $f^* = \inf_x f(x)$  is finite and attained at  $x^*$

# Analysis for constant step size

from quadratic upper bound with  $y = x - t\nabla f(x)$ :

$$f(x - t\nabla f(x)) \le f(x) - t(1 - \frac{Lt}{2}) \|\nabla f(x)\|_2^2$$

therefore, if  $x^+ = x - t\nabla f(x)$  and  $0 < t \le 1/L$ ,

$$f(x^{+}) \leq f(x) - \frac{t}{2} \|\nabla f(x)\|_{2}^{2}$$

$$\leq f^{*} + \nabla f(x)^{\top} (x - x^{*}) - \frac{t}{2} \|\nabla f(x)\|_{2}^{2}$$

$$= f^{*} + \frac{1}{2t} (\|x - x^{*}\|_{2}^{2} - \|x - x^{*} - t\nabla f(x)\|_{2}^{2})$$

$$= f^{*} + \frac{1}{2t} (\|x - x^{*}\|_{2}^{2} - \|x^{+} - x^{*}\|_{2}^{2})$$

take  $x = x^{(i-1)}, x^+ = x^{(i)}, t_i = t$ , and add the bounds for  $i = 1, \dots, k$ :

$$\sum_{i=1}^{k} (f(x^{(i)}) - f^*) \le \frac{1}{2t} \sum_{i=1}^{k} \left( \|x^{(i-1)} - x^*\|_2^2 - \|x^i - x^*\|_2^2 \right)$$

$$= \frac{1}{2t} \left( \|x^{(0)} - x^*\|_2^2 - \|x^{(k)} - x^*\|_2^2 \right)$$

$$\le \frac{1}{2t} \|x^{(0)} - x^*\|_2^2$$

since  $f(x^{(i)})$  is non-increasing,

$$f(x^{(k)}) - f^* \le \frac{1}{k} \sum_{i=1}^{k} (f(x^{(i)}) - f^*) \le \frac{1}{2kt} ||x^{(0)} - x^*||_2^2$$

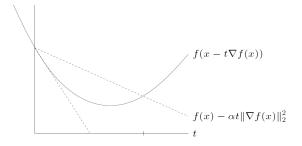
**conclusions:** iterations to reach  $f(x^{(k)}) - f^* \le \epsilon$  is  $O(1/\epsilon)$ 

25/37

### Backtracking line search

initialize  $t_k$  at  $\hat{t} > 0$ (for example,  $\hat{t} = 1$ ); take  $t_k := \beta t_k$  until

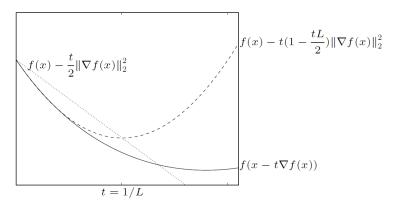
$$f(x - t_k \nabla f(x)) < f(x) - \alpha t_k ||\nabla f(x)||_2^2$$



 $0 < \beta < 1$ ; we will take  $\alpha = 1/2$ (mostly to simplify proofs)

# Analysis for backtracking line search

line search with  $\alpha = 1/2$  if f has a Lipschitz continuous gradient



selected step size satisfies  $t_k \ge t_{\min} = \min\{\hat{t}, \beta/L\}$ 

# Convergence analysis

• from page 24:

$$f(x^{(i)}) \leq f^* + \frac{1}{2t_i} \left( \|x^{(i-1)} - x^*\|_2^2 - \|x^{(i)} - x^*\|_2^2 \right)$$
  
$$\leq f^* + \frac{1}{2t_{\min}} \left( \|x^{(i-1)} - x^*\|_2^2 - \|x^{(i)} - x^*\|_2^2 \right)$$

add the upper bounds to get

$$f(x^{(k)}) - f^* \le \frac{1}{k} \sum_{i=1}^{k} (f(x^{(i)}) - f^*) \le \frac{1}{2kt_{\min}} ||x^{(0)} - x^*||_2^2$$

**conclusion:** same 1/k bound as with constant step size

## Gradient method for strongly convex function

better results exist if we add strong convexity to the assumptions

#### analysis for constant step size

$$\begin{split} &\text{if } x^+ = x - t \nabla f(x) \text{ and } 0 < t \leq 2/(m+L) \\ & \|x^+ - x^*\|_2^2 = \|x - t \nabla f(x) - x^*\|_2^2 \\ & = \|x - x^*\|_2^2 - 2t \nabla f(x)^\top (x - x^*) + t^2 \|\nabla f(x)\|_2^2 \\ & \leq (1 - t \frac{2mL}{m+L}) \|x - x^*\|_2^2 + t (t - \frac{2}{m+L}) \|\nabla f(x)\|_2^2 \\ & \leq (1 - t \frac{2mL}{m+L}) \|x - x^*\|_2^2 \end{split}$$

(step 3 follows from result on page 21)

## distance to optimum

$$||x^{(k)} - x^*||_2^2 \le c^k ||x^{(0)} - x^*||_2^2, \quad c = 1 - t \frac{2mL}{m+L}$$

- implies (linear) convergence
- for  $t = \frac{2}{m+L}$ , get  $c = \frac{(\gamma-1)^2}{(\gamma+1)^2}$  with  $\gamma = L/m$

bound on function value(from page 16),

$$f(x^{(k)}) - f^* \le \frac{L}{2} ||x^{(k)} - x^*||_2^2 \le \frac{c^k L}{2} ||x^{(0)} - x^*||_2^2$$

**conclusion:** iterations to reach  $f(x^{(k)}) - f^* \le \epsilon$  is  $O(\log(1/\epsilon))$ 

### Limits on convergence rate of first-order methods

**first-order method:** any iterative algorithm that selects  $x^{(k)}$  in

$$x^{(0)} + span\{\nabla f(x^{(0)}), \nabla f(x^{(1)}), \cdots, \nabla f(x^{(k-1)})\}$$

**problem class:** any function that satisfies the assumptions on p. 23 **theorem**(Nesterov): for every integer  $k \leq (n-1)/2$  and every  $x^{(0)}$ , there exist functions in the problem class such that for any first-order method

$$f(x^{(k)}) - f^* \ge \frac{3}{32} \frac{L ||x^{(0)} - x^*||_2^2}{(k+1)^2}$$

- suggests 1/k rate for gradient method is not optimal
- recent fast gradient methods have  $1/k^2$  convergence(see later)

# Barzilar-Borwein (BB) gradient method

#### Consider the problem

$$\min f(x)$$

• Steepest gradient descent method:  $x^{k+1} := x^k - \alpha^k g^k$ :

$$a^k := \arg\min_{\alpha} f(x^k - \alpha g^k)$$

- Let  $s^{k-1} := x^k x^{k-1}$  and  $y^{k-1} := g^k g^{k-1}$ .
- BB: choose  $\alpha$  so that  $D = \alpha I$  satisfies  $Dy \approx s$ :

$$\alpha = \arg\min_{\alpha} \|\alpha y - s\|^2 \Longrightarrow \alpha := \frac{s^{\top} y}{y^{\top} y}$$

$$\alpha = \arg\min_{\alpha} \|y - s/\alpha\|^2 \Longrightarrow \alpha := \frac{s^{\top} s}{s^{\top} y}$$

# Globalization strategy for BB method

设 $d^k$ 是点 $x^k$ 处的下降方向,M > 0为给定的正整数:

$$f(\mathbf{x}^k + \alpha d^k) \le \max_{0 \le j \le \min\{k, M\}} f(\mathbf{x}^{k-j}) + c_1 \alpha \nabla f(\mathbf{x}^k)^{\mathrm{T}} d^k,$$

其中 $c_1 \in (0,1)$ 为给定的常数.

#### Algorithm 1: Raydan's method

```
1 Given x^0, set \alpha > 0, M \ge 0, \sigma, \delta, \epsilon \in (0, 1), k = 0.

2 while \|g^k\| > \epsilon do

3 | while f(x^k - \alpha g^k) \ge \max_{0 \le j \le \min(k, M)} f_{k-j} - \sigma \alpha \|g^k\|^2 do

4 | set \alpha = \delta \alpha

5 | Set x^{k+1} := x^k - \alpha g^k.

6 | Set \alpha := \max\left(\min\left(-\frac{\alpha(g^k)^\top g^k}{(g^k)^\top y^k}, \alpha_M\right), \alpha_m\right), k := k+1.
```

# Globalization strategy for BB method

设 $d^k$ 是点 $x^k$ 处的下降方向,M > 0为给定的正整数:

$$f(x^k + \alpha d^k) \le C^k + c_1 \alpha \nabla f(x^k)^{\mathrm{T}} d^k,$$

其中
$$C^k$$
满足递推式 $C^0 = f(x^0)$ ,  $C^{k+1} = \frac{1}{Q^{k+1}} (\eta Q^k C^k + f(x^{k+1}))$ ,  $Q^0 = 1$ ,  $Q^{k+1} = \eta Q^k + 1$ , 参数 $\eta$ ,  $c_1 \in (0,1)$ .

#### Algorithm 2: Hongchao and Hagger's method

- 1 Given  $x^0$ , set  $\alpha > 0$ ,  $\sigma, \delta, \eta, \epsilon \in (0, 1)$ , k = 0.
- 2 while  $||g^k|| > \epsilon$  do
- 3 while  $f(x^k \alpha g^k) \ge C^k \sigma \alpha \|g^k\|^2$  do
- 4  $\int$  set  $\alpha = \delta \alpha$
- Set  $x^{k+1} := x^k \alpha g^k$ ,  $Q^{k+1} = \eta Q^k + 1$  and  $C^{k+1} = (\eta Q^k C^k + f(x^{k+1}))/Q^{k+1}$ .
  - Set  $\alpha := \max\left(\min\left(-\frac{\alpha(g^k)^\top g^k}{(g^k)^\top y^k}, \alpha_M\right), \alpha_m\right), k := k+1.$

### 数值比较

设二次函数 $f(x,y)=x^2+10y^2$ ,并使用BB方法进行迭代,初始点为(-10,-1),结果如下图所示.为了方便对比,我们也在此图中描绘了梯度法的迭代过程.可以很明显看出BB方法的收敛速度较快,在经历15次迭代后已经接近最优值点.从等高线也可观察到BB方法是非单调方法.

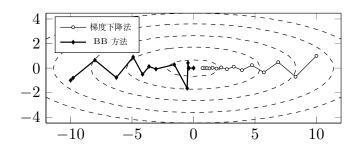


Figure: 梯度法与BB 方法的前15 次迭代

## LASSO: 光滑化策略

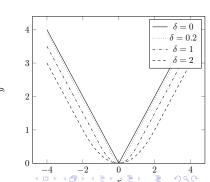
LASSO 问题:

min 
$$f(x) = \frac{1}{2} ||Ax - b||^2 + \mu ||x||_1.$$

求解光滑化问题

min 
$$f_{\delta}(x) = \frac{1}{2} ||Ax - b||^2 + \mu \sum_{i=1}^{n} l_{\delta}(x_i),$$

$$l_{\delta}(x) = \begin{cases} \frac{1}{2\delta}x^2, & |x| < \delta, \\ |x| - \frac{\delta}{2}, & \text{ i. i. } \end{cases}$$



采用连续化策略来从较大的正则化参数 $\mu_0$ 逐渐减小到 $\mu$ . 具体地,对于每一个 $\mu_t$ ,我们调用带BB步长的光滑化梯度法(这里光滑化参数 $\delta_t = 10^{-3}\mu_t$ )来求解对应的子问题. 每个子问题的终止条件设为  $|f_\delta(x^k) - f_\delta(x^{k-1})| < 10^{-4-t}, 或者 <math>\|\nabla f_\delta(x)\| < 10^{-1-t}.$ 

 $|J_{\delta}(x) - J_{\delta}(x)| < 10 \qquad , \quad \forall A \parallel \forall J_{\delta}(x) \parallel < 1$ 

当 $\mu_t$ 的子问题求解完之后,设置

$$\mu_{t+1} = \max\left\{\mu_t \eta, \mu\right\},\,$$

其中 $\eta$ 为缩小因子,这里取为0.1.

